The North African Journal of Food and Nutrition Research

Contents

Volume 6; Issue 13, January – June 2022

Original Articles

- Amino Acid Profile and Scores of Some Selected Traditional Diets Commonly Consumed in Northwest Zone, Nigeria
  Dangambo, M., A., Alhassan, A., J., Kano, A., M., Abubakar., H., Muhammad, Z., S.
  https://doi.org/10.51745/najfnr.6.13.22-28
- Prevalence and Determinants of Overweight and Obesity Among In-School Adolescents in Harare, Zimbabwe
  Mapfumo, P., T., Muderedzwa, T., M., Matsungo, T., M.
  https://doi.org/10.51745/najfnr.6.13.29-38
- COVID-19 lockdown impact on Tunisian consumer behaviors and awareness related to food consumption and wastage during celebrations: Case of study "Ramadan month"
  Ben Ismail, H., Jribi, S., Doggui, D., Debbabi, H.
  https://doi.org/10.51745/najfnr.6.13.46-54
- Body Composition, Energy Expenditure, and Markers of Hemolysis in Adults with Sickle Cell Disease
  Cordovil, K., Crivelli, M., Brito, F., S., B., Fleury, M.
  https://doi.org/10.51745/najfnr.6.13.55-65
- An Overview on the Incorporation of Novel Ingredients on Nutritional, Textural, and Organoleptic Properties of Gluten-Free Cereal Products
  Allouch, W., Sfayhi, D., Doggui, L., Debbabi, H.
  https://doi.org/10.51745/najfnr.6.13.66-74
- Household Production and Energy Content of Infant Flours for Children Aged 6 to 11 Months in Two Rural Settings in Southern Benin
  Mizéhoun-Adissoda, C., Sossa, C., Houngbo, H., Assanhou, G., A., Flénon, A., Aglago, E., K., Tossou, D.
  https://doi.org/10.51745/najfnr.6.13.75-80
- Nutritional Knowledge and Behavior of a Sample of Algerian Pregnant Women
  Bayazid, A., Larouci, F., Hammoulia, W.
  https://doi.org/10.51745/najfnr.6.13.81-86
- Impact of Care Group Participation on Nutrition Knowledge, Behavior and Practices
  Macheka, L., Bhatasara, S., Mugariri, F., Takawira, D., Kairiza, T., Matsungo, T.
  https://doi.org/10.51745/najfnr.6.13.87-93

Review Articles

- Effects of the *Withania somnifera* Supplementation on Sports Performance: A Systematic Review and Meta-Analysis
  Didio, F., P., Duarte, A., R., Stefani, G., P.
  https://doi.org/10.51745/najfnr.6.13.1-8
- Epidemiology, Diagnosis, and Assessment of Diabetes Mellitus in the Elderly Population: a Purposive Review
  Chami, M., A., Khaled, M., B.
  https://doi.org/10.51745/najfnr.6.13.9-21
- Ketogenic Diet: A Therapeutic Alternative in Pediatric Refractory Epilepsies
  Chentouf, A.
  https://doi.org/10.51745/najfnr.6.13.39-45